

Speedway LLC
Nutrition and Ingredients
Desserts Menu



	Calories	Calories from Fat (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A %DV	Vitamin C %DV	Calcium %DV	Iron %DV
Desserts																		
Brownie Bites	390	180	20	7	4			60	460		50	2	36	4	0%	0%	2%	6%
Cinnamon Roll	810	190	22	6	3.5	4.5	9	20	820	6	141	4	69	14	10%	20%	15%	30%
Chocolate Chip Cookies	390	140	16	9	0	2	4	35	400	65	59	1	35	4	0%	0%	2%	10%
Oatmeal Raisin Cookies	290	90	10	4	0	1.5	3	25	360	135	49	2	27	4	0%	0%	2%	10%
Snickerdoodle Cookies	300	90	10	5	0			30	320		50	1	24	4	0%	0%	6%	4%
Peanut Butter Cookies	340	180	20	70				30	210		32		20	6				8%
Peanut Butter Crispy Bites	280	110	12	4.5	0			0	170		41	2	28	4	0%	0%	0%	15%
Peanut Butter Cup Pudding Parfait	380	180	20	14				240			48		40	5		2%	8%	6%

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Cinnamon Rolls	CINNAMON ROLLS (ENRICHED UNBLEACHED WHEAT FLOUR [WHEAT FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, ENZYME, RIBOFLAVIN, FOLIC ACID], SKIM MILK, SUGAR, BUTTERMILK, YEAST, HIGH FRUCTOSE CORN SYRUP, PALM OIL, CONTAINS LESS THAN 2% OF THE FOLLOWING: LOW MOISTURE PART SKIM MOZZARELLA CHEESE [PASTEURIZED PART SKIM MILK, CHEESE CULTURE, SALT, ENZYME], CINNAMON, HYDROGENATED SOYBEAN OIL, EGGS, SOYBEAN OIL, HIGH OLEIC CANOLA AND HYDROGENATED COTTONSEED OILS, LEAVENING [BAKING SODA, SODIUM ALUMINUM PHOSPHATE], CITRUS FIBER, SALT, GUM ARABIC, GUAR GUM, MODIFIED CORNSTARCH, DISTILLED MONOGLYCERIDES, MONO AND DIGLYCERIDES, DATEM, NATURAL AND ARTIFICIAL FLAVOR, CARBOHYDRATE GUM, MALTED BARLEY FLOUR, DEXTROSE, COLORED WITH CARAMEL COLOR, CELLULOSE GUM, ASCORBIC ACID, ENZYME, ARTIFICIAL COLOR [YELLOW 5 LAKE], COLORED WITH BETA CAROTENE), BREAKFAST ICING (SUGAR, WATER, CORN SYRUP, CONTAINS LESS THAN 2% OF: CITRIC ACID, COLOR ADDED, DEXTROSE, AGAR GUM, GUAR GUM, NATURAL AND ARTIFICIAL FLAVOR, PECTIN, POTASSIUM SORBATE [PRESERVATIVE], SALT, STEARIC ACID). CONTAINS: EGG, MILK, WHEAT MAY CONTAIN: SOY
Brownie Bites	SUGAR, MARGARINE (PARTIALLY HYDROGENATED SOYBEAN & COTTONSEED OIL, WATER, SALT, SOY LECITHIN, VEGETABLE MOM- & DIGLYCERIDES, WHEY SOLIDS, SODIUM BENZOATE [PRESERVATIVE], NATURAL & ARTIFICIAL FLAVOR, VITAMIN A PALMITATE ADDED, BETA CAROTENE [COLOR]), BITTERSWEET CHOCOLATE BAKING BITS (SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, DEXTROSE, SOY LECITHIN, SALT, ARTIFICIAL FLAVOR), WHOLE EGGS, WHEAT FLOUR, WATER, CONTAINS LESS THAN 2% OF: COCOA (PROCESSED WITH ALKALI, SALT, ARTIFICIAL VANILLA FLAVOR (PROPOLENE GLYCOL, ALCOHOL, ARTIFICIAL FLAVORS & CITRIC ACID), SOYBEAN OIL, SOY LECITHIN, HYDROGENATED PALM STEARIN &/OR COTTONSEED FLAKES WITH TBHQ (TO PRESERVE FRESHNESS). CONTAINS: WHEAT,EGG, MILK, SOY
Chocolate Chip Cookies	ENRICHED BLEACHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), COCOA DROPS (SUGAR, PARTIALLY HYDROGENATED VEGETABLE OIL [PALM KERNEL, COCONUT, PALM], COCOA PROCESSED WITH ALKALI, DEXTROSE, COCOA POWDER, WHEY POWDER, SOY LECITHIN [EMULSIFIER], VANILLIN [ARTIFICIAL FLAVOR]), MARGARINE (PALM OIL, WATER, SOYBEAN OIL, SALT, MONO- & DIGLYCERIDES, ANNATTO [COLOR], CALCIUM DISODIUM EDTA [PRESERVATIVE], ARTIFICIAL FLAVOR, VITAMIN A PALMITATE), BROWN SUGAR (SUGAR, INVERT SUGAR, CANE MOLASSES), SUGAR, EGGS, FOOD STARCH-MODIFIED, CONTAINS 2% OR LESS OF: INVERT SUGAR, NATURAL & ARTIFICIAL FLAVORS, BAKING SODA, SALT, CARAMEL COLOR. CONTAINS: WHEAT,EGG, MILK, SOY
Oatmeal Raisin Cookies	ENRICHED BLEACHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), RAISINS, OATS, MARGARINE (PALM OIL, WATER, SOYBEAN OIL, SALT, CONTAINS TWO PERCENT OR LESS OF: MONO- AND DIGLYCERIDES, CALCIUM DISODIUM EDTA [PRESERVATIVE], ARTIFICIAL FLAVOR, ANNATTO COLOR, VITAMIN A PALMITATE), SUGAR, BROWN SUGAR (SUGAR, INVERT SUGAR, CANE MOLASSES), EGGS, INVERT SUGAR, WATER, CONTAINS TWO PERCENT OR LESS OF: FOOD STARCH-MODIFIED, CINNAMON, NATURAL FLAVOR, WHEY POWDER, CORN SYRUP, SALT, LEAVENING (BAKING SODA, SODIUM ACID PYROPHOSPHATE, MONOCALCIUM PHOSPHATE), CORNSTARCH, SODIUM ALGINATE, VEGETABLE OIL (SOYBEAN AND COTTONSEED OILS). CONTAINS: WHEAT,EGG, MILK, SOY

Peanut Butter Krispy Bites

PEANUT BUTTER [ROASTED PEANUTS, SUGAR, HYDROGENATED VEGETABLE OIL, (RAPESEED AND COTTONSEED), SALT] FROSTING [SUGAR, HYDROGENATED PALM KERNEL OIL, COCOA POWDER, CHOCOLATE LIQUOR, COCOA POWDER (PROCESSED WITH ALKALI) WHEY POWDER, SOY LECITHIN, SALT, ARTIFICIAL FLAVOR], GLUTEN FREE CRISPED RICE {RICE, SUGAR, CORN SYRUP, SALT, RIBOFLAVIN (VITAMIN B2), NIACINAMIDE, FERRIC ORTHOPHOSPHATE (IRON), ZINC OXIDE (ZINC)} CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, SUGAR.
CONTAINS: PEANUTS

Peanut Butter Cup Pudding Parfait

Chocolate Pudding: FAT FREE MILK, WATER, SUGAR, MODIFIED CORN STARCH, CANOLA AND/OR PALM OIL, LESS THAN 2% OF: SALT, SODIUM STEAROYL LACTYLATE, NATURAL AND ARTIFICIAL FLAVOR, SODIUM PHOSPHATE, FD&C YELLOW 5, FD&C YELLOW 6. Dessert Topping: WATER, HIGH FRUCTOSE CORN SYRUP, PARTIALLY HYDROGENATED PALM KERNEL OIL, CONTAINS LESS THAN 2% OF THE FOLLOWING: *SODIUM CASEINATE (A MILK DERIVATIVE), DEXTROSE, ARTIFICIAL FLAVOR, POLYSORBATE 60, SORBITAN MONOSTEARATE, GUAR GUM, XANTHAN GUM, COLORED WITH TURMERIC AND ANNATTO EXTRACTS. * NOT A SOURCE OF LACTOSE. Peanut Butter Cups: SUGAR, PALM KERNEL OIL, PEANUT BUTTER (PEANUTS, SUGAR, MONOGLYCERIDES (AN EMULSIFIER), SALT), PARTIALLY DEFATTED PEANUT FLOUR, DEXTROSE, PEANUTS, NONFAT MILK, COCOA PROCESSED WITH ALKALI, HYDROGENATED PALM OIL, SALT, SOY LECITHIN (AN EMULSIFIER).
CONTAINS: MILK, PEANUTS, SOY